



Screening for Mental Health, Inc.
One Washington Street, Suite 304
Wellesley Hills, MA 02481

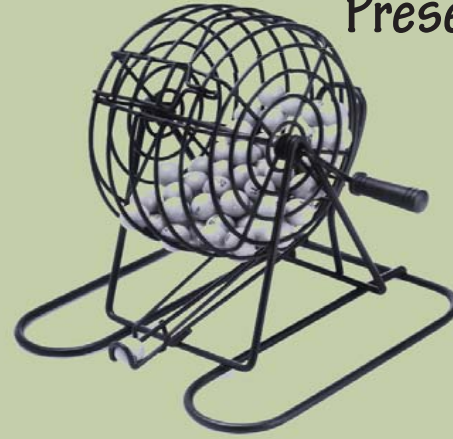
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Depression is a common problem among older adults, but it's **NOT** a normal part of aging.



CommunityResponse[®]

Presents



***Feel Good
Bingo***[®]

A game that helps older adults build
mental health resiliency through education
and awareness

Addressing the issues of depression and anxiety is especially important when working with older adults. Researchers say mental illness may be attributed to physical health problems that often occur later in life, such as arthritis, obesity, heart disease, stroke, cancer, and diabetes. But, it's the stigma associated with mental illness that often prevents seniors from getting help and seeking treatment.

Identifying At-Risk Adults

Feel Good Bingo® offers a fresh spin on the classic bingo game. Instead of using letters and numbers, each player's game card contains various icons depicting common symptoms of depression and generalized anxiety disorder (GAD).

We regularly offer Feel Good Bingo as part of our Maintaining Healthy Minds services for older adults. Most every time we play, one or two people will approach me afterward to chat more.

*-Vicki Sandifer, Program Director,
Mental Health America of Central Virginia*

The game includes enough materials for 50 players including bingo boards, bingo chips, screening forms, education flyers and a set of master cards depicting the signs of depression and GAD.

Bonus components include one-year of access to our downloadable kit, which is an online toolkit filled with flyers, posters, promotional templates, event planning tools and materials for participants, clinicians and staff.



Registration Form

Register ONLINE at: MentalHealthScreening.org/Programs/Community
or MAIL or FAX this form with payment to:
Screening for Mental Health, Inc., P.O. Box 984001, Boston, MA 02298-4001
or Fax: 781-431-7447 | Phone: 781-239-0071
Email: OlderAdult@MentalHealthScreening.org

Organization Contact Information

Organization Name: _____

Contact Name: _____

Title/Position: _____

Street (UPS cannot deliver to P.O. Boxes): _____

City: _____ State: _____ Zip: _____ Country: _____

Email: _____

Phone: _____ Fax: _____

Check here for the Feel Good Bingo Kit: \$150
(Includes online toolkit)
Quantity: _____ Total Amount: \$ _____

Payment Information

Check Enclosed | Check Number: _____

All checks payable to: Screening for Mental Health/Older Adult Program
(Tax ID# 04-3221069)

Purchase Order#: _____

Credit Card:

American Express Discover MasterCard Visa

Account Number: _____

Expiration Date: _____

Name on Card: _____

Feel Good Bingo is a program of the nonprofit, Screening for Mental Health, Inc., which also provides programming for youth, college students, military personnel and their families, and the general adult population.

